

MUSIC THERAPY JOY



Music Therapy Mentor

Self-Reflection, Support and Direction

Instructor: Patina Jackson, MT-BC

Number of CMTE'S: 6

Price: \$250

Course Description: Whether you are looking to improve your clinical or organizational skills, grow your music therapy program, or simply have some support from another music therapist, this course is for you! This individualized

course is divided into 5 sessions. Each session includes: a short video; a tool (self-evaluation, goal setting and action plan guides, etc.); and personal interaction with a music therapy mentor (scheduled phone call, video observation or email exchange), for a total of (5) 30-minute interactions! By the end of this course, you will walk away with a better picture of your strengths and areas for growth, goals for yourself or your program, an action plan to achieve those goals, and the moral support you need from a fellow music therapist!

Instructor Qualifications: Patina Jackson, MT-BC, owner of Music Therapy Joy, has worked in school settings since 2011 and is passionate about inspiring music therapists to value themselves and their work, while creating resources to support them as they do what they do best! The result? Excellent services that spread joy to students and staff!

Course Objectives:

1. To identify present levels of effectiveness in 7 areas of music therapy in school settings (incl. clinical skills, music skills, evaluation and documentation, etc.) by completing the "Self-Evaluation" tool (BCD IV.A.1).
2. To identify 3 goals and objectives for self-improvement, and to identify at least one action step required for each goal (BCD IV.A.1).
3. To complete 5 interactions with a music therapy mentor (i.e. phone calls, email exchanges, observations, etc.) (BCD IV.B.7, IV.A.5).

- 1. Introduction [10 Minutes]**
 - a. Purpose and Overview
- 2. Session 1: Self-Evaluation [60 minutes]**
 - a. Introduction and Self-Evaluation [30 min]
 - b. Mentor Interaction (SCHEDULED) [30 min]
- 3. Session 2: Brainstorm [50 minutes]**
 - a. Introduction and Brainstorm [20 min]
 - b. Mentor Interaction [30 min]
- 4. Session 3: Goal Setting [50 minutes]**
 - a. Introduction and Identifying Goals [20 min]
 - b. Mentor Interaction [30 min]
- 5. Session 4: Action Plan [60 minutes]**
 - a. Introduction and Action Plan [30 min]
 - b. Mentor Interaction [30 min]
- 6. Session 5: Action Plan Progress [50 minutes]**
 - a. Introduction and Action Plan Progress [20 min]
 - b. Mentor Interaction [30 min]
- 7. Review and Course Evaluation [20 minutes]**
 - a. Review and Course Evaluation

Cancellation and Refund Policy: The mission of Music Therapy Joy is to provide creative strategies, professional templates, and relevant training for Music Therapists working in Special Education. It is my hope that the training and content provided by each online course and the related materials exceed your expectations. If for some reason you are not 100% satisfied, a cancellation or refund may be granted on a case-by-case basis. To cancel your course and receive no CMTE credits, please email your name, CMTE course title, instructor name, and explanation of your dissatisfaction within 15-days of your purchase to Patina Jackson, MT-BC, Continuing Education Director of Music Therapy Joy at patinajoy@gmail.com. To request a refund, please email your name, CMTE course title, instructor name, explanation of your dissatisfaction along with all course homework and evaluations within 15-days of your purchase to Patina Jackson, MT-BC, Continuing Education Director of Music Therapy Joy at patinajoy@gmail.com. Please note, partial CMTE credit cannot be granted for any incomplete course.

Music Therapy Mentor is approved by the Certification Board for Music Therapists (CBMT) for 6 CMTE's Continuing Music Therapy Education credits. Music Therapy Joy, #P-156 maintains responsibility for program quality and adherence to CBMT policies and criteria.

